

Ozempic® & Wegovy® (Semaglutide)

Suggested guidelines for this medication:

- Grounding for a 2-week trial period on medication to determine that there are no symptoms that would interfere with flight duties;
- After a 2-week medication trial, require a progress note from your treating physician following an in-person clinical encounter . This report should include a list of all current medications and reasons prescribed, presence/absence of medication adverse effects (including gastrointestinal upset, dizziness and mental health difficulties/suicidal ideation);
- In addition, require lipid profile, HbA1c and FRS (if FRS > 20%, then Stress Test to min of 8.5 METS).
- If BMI is elevated then, then OSA screening for BMI 30 – 35 and Sleep Study for BMI 35 and greater.
- A 72-hour observation period before returning to flying duties is required with each dosage change.